

Benefits and Social Assistance



Benefits

Employment Insurance (EI)

Employment Insurance gives you temporary income support when you cannot work and want to look for a job. You may qualify for EI benefits if you lose your job for reasons you cannot control. Some reasons are a shortage of work or seasonal or mass layoffs. To get EI, you must work enough insurable hours in Canada in the 52 weeks before you stop working.

- More information about EI at Service Canada:
www.servicecanada.gc.ca
www.canada.ca/en/services/benefits/ei.html

Canada Pension Plan (CPP)

The Canada Pension Plan (CPP) retirement pension replaces part of your income when you retire. When you are 65 years old, you may qualify for a CPP retirement pension if you made at least one contribution to the plan during your working life in Canada. You may be able to take your CPP early. If you take it between the ages of 60 and 64, your payments will be lower. If you wait longer to collect your CPP benefits, your payments may be higher. CPP is a payment you get each month and you must pay tax on it.

- More information about CPP at Service Canada:
www.canada.ca/en/services/benefits/publicpensions/cpp.html

Old Age Security Pension (OAS)

The Old Age Security (OAS) pension is a monthly payment you can get if you are 65 and older. To get OAS, you must live in Canada for at least 10 years after you turned 18 years old.

- More information about OAS at Service Canada:
www.servicecanada.gc.ca
www.canada.ca/en/services/benefits/publicpensions/cpp/old-age-security.html

Canada Child Benefit (CCB)

The CCB helps parents or guardians with the cost of raising their children under 18 years of age. It is a tax-free monthly payment from the federal government. You must apply for CCB. The amount of the benefit is different for everyone because it is connected to your income.

- More information about CCB at Canada Revenue Agency:
www.canada.ca/en/revenue-agency/services/child-family-benefits/canada-child-benefit-overview.html

Universal Child Care Benefit (UCCB)

You cannot apply for the UCCB anymore. The UCCB was a taxable benefit paid for children under 18 years of age. It was available to everyone at all income levels. Payments stopped in July 2016, but lump-sum amounts continue to be paid for the months before July 2016. The Canada Child Benefit (CCB) replaced the UCCB in 2016.

- More information about the UCCB at Service Canada:
www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/personal-income/line-11700-universal-child-care-benefit-uccb.htm



win.manitobastart.com



Funded by:

Immigration, Refugees and Citizenship Canada

Financé par :

Immigration, Réfugiés et Citoyenneté Canada

Benefits and Social Assistance



Social Assistance

Manitoba Employment and Income Assistance

The Manitoba Employment and Income Assistance (EIA) program provides financial support if you have a very small income or no income. EIA also provides support if you need to find a job.

- More information about EIA at Government of Manitoba:
<https://www.gov.mb.ca/fs/eia/>

Manitoba Disabilities Program (MDP)

This program helps people with disabilities if they cannot work. If you can work, MDP helps you find a job or supports you in your workplace.

- More information about MDP at Government of Manitoba:
https://www.gov.mb.ca/fs/eia/eia_disability.html