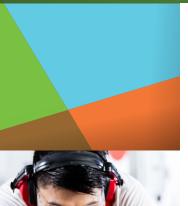
# Youth







You must attend school until the age of 18 or until you get your high school diploma. You can choose from different options.

More information: http://www.immigratemanitoba.com/study-in-manitoba/institutions/ https://www.gov.mb.ca/fs/about/cfs.html

## **Programs, Supports and Strategies**

The government of Manitoba and its partners in the community developed many supports for families with children and youth. You can find resources for different age groups here: <a href="https://www.gov.mb.ca/healthychild/programs/index.html">https://www.gov.mb.ca/healthychild/programs/index.html</a>

## **Employment**

Manitoba Youth Job Centres (MYJC) provide community-based summer employment programs in rural and northern Manitoba. MYJC matches employers with students and youth (12 to 29 years of age) who need a summer job. This service is free.

The Centres give students and youth information and education to help them develop a career or find a job. For example, they can learn how to write a resume, look for a job, or practice job interviews.

Offices are open from the middle of May to late August each year. You can find offices in 40 communities in Manitoba.

More information:

Drop by a community office near you (May-August)

Call the MYJC coordinator (all year): 204-945-8115

https://www.gov.mb.ca/cyo/youth/services/manitobayouthjobcentres.html

https://residents.gov.mb.ca/reference.html?filter\_category=12&d=list

There are many other government programs for students and youth who want to work.

More information:

https://www.gov.mb.ca/jec/syeo/index.html







## Youth



## **Rights and Safety at Work**

The Young Worker Readiness Certificate Course teaches safety at work to young people. If you are 13 to 15 years of age, you must take this course.

More information:

https://www.gov.mb.ca/labour/standards/doc,young-workers,factsheet.html#q144

https://www.safemanitoba.com/Education/Pages/YWRCC.aspx

#### **Youth Engagement and Volunteering**

Volunteer Manitoba encourages young Manitobans to be involved in their community. Youth in Canada volunteer more than any other age group. In fact, 53% of Canadians aged 15 to 24 volunteer, which is higher than the national average. (Source: 2013 General Social Survey - Giving, Volunteering and Participating)

More information: https://www.volunteermanitoba.ca/

#### **Youth Criminal Justice**

Youth who are charged with a crime may need to stay at a youth correctional centre. Correctional centres offer programs for young people. Programs focus on helping youth make better choices through education, rehabilitation, job training, work experience and spirituality.

More information: https://www.gov.mb.ca/justice/commsafe/ commsafediv/correctionsrecruitment/youth.html

## **Getting Help**

Young people across Canada who are in crisis can call or text the Kids Help Phone anytime. Kids Help Phone offers counselling and information in English and French.

For help: Call 1-800-668-6868

https://kidshelpphone.ca/get-involved/our-impact/in-the-community/manitoba